



SUMMER SAFETY GUIDE

Brought to you by:



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1 Learn the early signs of heat exhaustion

- Excessive panting
- Excessive or thick drool
- Reddened tongue, inside ears
- Red or pale gums
- Glassy and/or red eyes
- Anxiousness or restlessness
- Reluctance or refusal to go on



2 Take it slow and cut it short

- When it's above 80°F (26.6°C)
- The more extreme the heat, the shorter the walk
- Spend more of your time inside playing, cuddling, training or just recovering from the heat



3 Pay close attention to the dog

- Breed will influence how heat-tolerant a dog is
- Watch for signs of distress, difficulty breathing and pain
- If your dog seems to be done, head back home
- Don't force them to continue



4 Brachycephalic dogs heat up faster

and have difficulty cooling down so take extra precautions



Affenpinscher, Boston Terrier, Boxer, Brussels Griffon, Bulldog, Cane Corso, Chihuahua, French Bulldog, Japanese Chin, King Charles (& Cavalier), Lhasa Apso, Mastiff-types, Pekingese, Pug, Shih Tzu, Tibetan Spaniel

5 Find cool ground and avoid hot asphalt

Look for shade, grass and sprinklers

- Cross streets quickly
- If it's too hot to put your hand on for 3 seconds, it's too hot for paws



6 Bring room-temp water - always!

- Cold water can be too much of a shock to the system
- Give the dog chances to drink
- Apply to ears, paw pads, inner thighs and stomach



7 If you transport dogs never leave them in a hot car

If you must, keep the car well ventilated or leave the A/C on and keep your absence extremely limited



8 Check paws frequently

Examine paws and watch for redness, sensitivity, signs of burning or pain, and head back home or cool them off with water



9 Know normal temperature

Most dogs average between **101 - 102.5°F** (38.3 - 39.2°C)

In general, 105°F (40.5°C) or above is considered hyperthermia



10 Walk in populated areas

so that if you or your dog needs help, someone may be around to assist



11 Minimize sun exposure

especially for hairless dogs or dogs with thin or white hair

Use sunscreen made for dogs when available



12 Take plenty of breaks

Find some shade, take a seat and relax

Take time to chill as often as needed, especially in high humidity

