

# CANINE ENRICHMENT: KEEPING FIDO FULFILLED

Brought to you by:



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## What is canine enrichment?

Mental stimulation to enhance  
a dog's life and well-being

Goes beyond providing food,  
water, shelter and other basic needs

**Mental exercise is just as  
important as physical exercise**



## Benefits of canine enrichment:

Mental stimulation gives dogs  
an outlet for their energy

Increases problem-solving, positive  
social interaction, health and welfare

Helps reduce boredom, hyperactivity,  
behavior problems, and more!



## FOOD PUZZLES & CHEWS

*Toys or puzzles that challenge pets to find & release the food inside*

### Commercial products:

- Wide variety available
- Range of shapes, sizes, difficulties



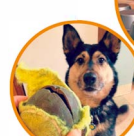
### Chews:

- Bones & antlers
- Bully sticks
- Rubber toys
- & more!



### DIY:

- Empty plastic containers
- Muffin tin
- Tennis ball
- Towel or blanket
- PVC pipe
- & more!



## GAMES

- Fetch
- Find It
- Hide & Seek
- Chase / Tag
- Obstacle courses



## TOYS

- Flirt pole
- Rope toys
- Squeaky toys
- Freeze toys in ice



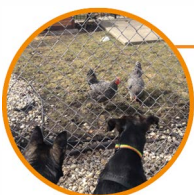
## TRAINING

- Classes
- Tricks
- Nosework
- Clicker training
- Basic behaviors
- Increased difficulty



## SPORTS

- Agility
- Flyball
- Treibball
- Dock diving



## MORE ENRICHMENT IDEAS

- Group walk / play date
- Visit a new place
- Take a new walk route
- Provide a spot to dig
- Allow for sniff breaks
- New sights, sounds, smells



*Never leave a pet alone with anything  
that may create a choking hazard or  
could cause injury. Also, be sure to do  
things your dog actually enjoys, and  
always introduce any new activity  
in a positive way!*

