



# FEEDING GUIDELINES FOR DOGS

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## GENERAL CALORIE GUIDELINES

The following shows a general guideline for caloric intake per day by body weight and activity level.

**Please note:** These are designed for the average *adult* dog, but every dog is different. Make sure you consult with your veterinarian to be sure you're feeding the correct amount.

WEIGHT		OVERWEIGHT	AVERAGE	ACTIVE
POUNDS	KILOGRAMS	DAILY CALORIES TO LOSE WEIGHT	DAILY CALORIES TO MAINTAIN WEIGHT	DAILY CALORIES TO SUPPORT ACTIVITY
5 lb	2.3 kg	130	204	231
10 lb	4.5 kg	218	342	389
15 lb	6.8 kg	295	464	527
20 lb	9 kg	366	576	654
25 lb	11.4 kg	433	681	774
30 lb	13.6 kg	497	781	887
35 lb	15.9 kg	558	876	996
40 lb	18.2 kg	616	969	1101
45 lb	20.5 kg	673	1058	1202
50 lb	22.7 kg	729	1145	1301
55 lb	25 kg	783	1230	1398
60 lb	27.3 kg	835	1313	1492
65 lb	29.5 kg	887	1394	1582
70 lb	31.8 kg	938	1474	1675
75 lb	34 kg	988	1552	1764
80 lb	36.4 kg	1037	1629	1851
85 lb	38.6 kg	1085	1705	1937
90 lb	40.9 kg	1132	1779	2022
95 lb	43.2 kg	1179	1853	2106
100 lb	45.5 kg	1225	1926	2188
105 lb	47.7 kg	1271	1997	2270
110 lb	50 kg	1316	2068	2350
115 lb	52.3 kg	1361	2138	2430
120 lb	54.5 kg	1405	2208	2509
125 lb	56.8 kg	1449	2276	2587
130 lb	59 kg	1492	2344	2664
135 lb	61.4 kg	1535	2412	2741
140 lb	63.6 kg	1675	2478	2816

### IMPORTANT TIPS:

- Puppies and pregnant or nursing mothers need more calories
- Senior pets tend to be less active and require fewer calories
- Feed according to the *ideal* weight for your pet
- Monitor your pet's weight regularly and adjust as needed
- Treats should make up less than 15% of total daily calories

## HOW MUCH TO FEED

Total daily calories



# of calories per cup



# of cups to feed per day

## WHEN TO FEED

**2x per day for adult dogs**

More often for puppies and nursing/lactating mothers

**Do not free-feed (providing constant access to food)**

*This easily leads to obesity*

## SWITCHING TO A NEW FOOD

It is recommended to gradually transition your dog when switching to a new food. This can help reduce the risk of stomach upset.

Days  
1 & 2



75% current  
25% new food

Days  
3 & 4



50% current  
50% new food

Days  
5 & 6



25% current  
75% new food

Day  
7 & on



0% current  
100% new food

*\* This information is not a substitute for professional veterinary advice or care.*